#BUYBLACKTULSA

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FOOD + RESTAURA



FRIOS POPS

We sell individually wrapped, frozen gourmet pops and have over 60 flavors that we offer throughout the year. Dietary-friendly alternatives include vegan, gluten-free and dairy free options. We strive to be clean eating by using whole fruit and real food ingredients. We also offer catering and wholesale opportunities, a van, and a pushcart that we can sell or distribute our pops out of.

friospops.com | @frios_tulsa | angela@friospops.com



FRY-YAY FOOD TRUCK

We are Tulsa's home of the loaded fries. As lovers of french fries, we aim to fulfill the need for great loaded fries. We deliver in Tulsa and surrounding cities. Follow us on our social media platforms for upcoming delivery dates.

@fryyay_tulsa | fryyay918@gmail.com



GFT TOASTED

Get Toasted is a locally owned family food truck born from our all-time favorite breakfast and brunch recipes. By popular demand, we are now sharing the love and fun of our Sunday breakfast table with northeast Oklahoma. Our signature home-style french toast is our claim to fame.

gettoastedok.com | @gettoastedok | contact@gettoastedok.com



JAMIE JAMES CATERING

Jamie James Kitchen & Catering LLC provides catering & meal prep services to people in the North Tulsa community who seek healthier eating habits that are not only delicious, but affordable, and accessible. Our goal is to offer portion controlled menu options that can also be altered to cater to a variety of dietary preferences.

@jamiejames_catering



MAMO'S SEAFOOD

Mamo's Seafood is a locally owned family food truck. Bringing love from our Sunday dinner table to you! Our vision started from our grandmother we called "Mamo", she catered for years and we wanted to be able to share her meals with people everywhere!

mamosseafood.com | @mamosseafood | mamosseafood@gmail.com



MFAI PRFP TIII SA

We shop, cook and package healthy delicious meals so you don't have to! We feature paleo, keto, vegan, balanced and other food preferences. We also offer COVID-19 cautious catering services for holidays, office parties and small to medium sized group functions.

mealprepdone.com | @meal_prep_tulsa | taylorlatouche@gmail.com



ONIFADE'S COOKIES

Hello my name is Onifade R. E. Colbert III. I own Onifade's Cookie Company. I'm I3 yrs old and I love what I do. I make cookies, cakes, and pies. I love to make people smile with my goodies and I hope you enjoy and experience all the love we bake into each bite.

onifadescookieco.com | @onifadethecookieman | onifadescookieco@gmail.com



SLAPS SOUL FOOD

Slaps Soulfood bringing 502 flavors to 918! A diverse menu for all to enjoy at a reasonable price.

@kitchencardonblu | kevinalvis40@icloud.com



STAR TOUCHED CUSTOMS

Hello, I'm Synell with Star Touched Customs and I'm a Cookie Artist! My love for beautifully designed picture perfect events led me to launch my second business Star Touched Customs where I create custom decorated sugar cookies and other delicious treats, along with custom party decor!

startouchedcustoms.etsy.com | @star_touched_customs



SWFFT LISA'S CAFF

Sweet Lisa's is a soul food restaurant in North Tulsa. What started out as a bakery has now turned into a full scale restaurant with over 15 years of service. Our most popular dishes include fried fish, fried pork chops, and chicken fried steak. Don't forget the desserts!

918.561.6099 | sweetlisasmobile@gmail.com



TISDALE23 CATERING COMPANY

Chef Tiffany Nicole is the owner of Tisdale23 Catering Company. Tisdale23 specializes in Southern Cuisine but also have extensive experience in fine dining. We have been in business for 9 years. We accept events of all kinds and would love to be considered for your next event.

cheftiffanynicole.com | @cheftiffanynicole | info@tisdale23.com



YOU GOT THE JUICE

Want to make a life change but don't know where to start? Let You Got The Juice help you as you begin your healing journey. Your body is an amazing tool, let's take good care of it. Enjoy nourishing juice and delicious vegan meals! You Got The Juice, loving you one bottle at a time.

yougotthejuice.com | @yougotthejuice918 | yougotthejuicelike92@gmail.com



BABYBLENDZ: FRESH, ORGANIC BABYFOOD facebook.com/babyblendzz | babyblendztulsa@gmail.com

BLACK WALL STREET LIQUID LOUNGE bwsll.com | @bws || | info@bwsll.com

LEON'S SMOKE SHACK BBQ
@leonssmokeshack | sean.thompson127@yahoo.com

MARGARITAS TOO GO
margaritastoogo@com | margaritastoogo@gmail.com

SISSEROU'S RESTAURANT sisserousrestaurant@gmail.com | @sisseroutulsa | sisserousrestaurant@gmail.com

SOPHISTICATED TREATS & EVENTS sophisticatedtreats.com | sophisticatedtreats@yahoo.com







FULTON STREET BOOKS & COFFEE

Fulton Street is a bookstore and coffee shop that centers the stories, narratives and lived experiences of people of color and marginalized communities. More than books and coffee, Fulton Street is a space to call home. It is a space for you; you who have been longing for a space created with you in mind.

fultonstreet918.com | @fultonstreet918 | info@fultonstreet918.com



GREENWOOD AVE

Greenwood Ave. is a celebration of black entrepreneurship. Along with a selection of merch that honors history and promotes our brand, Greenwood Ave. is a web series aiming to inspire creators around the world.

greenwoodave.com | @gwd.ave



MOCHA BOOKS

Mocha Books is an online and pop up mobile bookstore. Our mission is to serve the community (online and offline) by offering accessible and affordable literature that amplify Black & brown voices, and to provide a platform for independent writers.

readwithmochabooks.com | @readwithmochabooks | info@readwithmochabooks



SHEIGH LOUNGES

Since staying in is the NEW going out, this inspired Shawntel Lindsey to create a boutique with a fresh and playful take on the traditional sweat suit and pajama set. Buttery soft fabrics only enhance these trendy pieces that you will never want to take off.

sheighlounges.com | @sheigh_lounges | sheighlounges@gmail.com



SILHOUETTE SNEAKERS & ART

Established in 2019, Silhouette Sneakers & Art is a highly-curated retail experience that brings limited and authentic sneakers and streetwear to Tulsa. Our boutique features an art gallery showcasing a rotating selection of street-inspired art. We also deliver programming that links sneaker culture enthusiasts and cultivates a new generation of sneakerheads.

silhouettetulsa.com | @silhouettetulsa

SOULFLOOME

SOUL FLAME CANDLE CO

SoulFlame Co. is a small batch, soy based, candle company, also offering Wax Brittle and Incense. Scent is the strongest of our senses, known to evoke memories & strong feelings/emotions. We promote self care in this way & with a wide variety of scents, SoulFlame products are guaranteed to elevate the mood in any space you choose.

soulflameco.com | @soulflameco | soulflameproducts@gmail.com



IVY & IVORY

Ivy & Ivory is a small business that strives to assist and educate others on the topic of all things house plants! Ivy & Ivory looks to create tranquility where it may not seem possible through intentional design concepts, and step by step plant care for each and every plant parent!

@ivyplusivory | ivyandivorytulsa@gmail.com



TYLER THRASHER ART

Tyler Thrasher is a chemist, artist and botanist who explores methods of combing art and science as well as resources on caring for plants. Whether it be a crystallized insect, botanical illustration or journals to help document plant growth and observation- Tyler has no shortage of things to fascinate and inspire your curiosity.

@tylerthrasherart



YOUNG BUDZ

Young Budz (YB) Premium Medical Cannabis Co. is a fast growing dispensary retailer in the state of Oklahoma. We strive to bring premium products and the best possible customer service to medical patients with amazing prices. Come let us be your #BestBudzOutsideTheBud.

youngbudzcannabis.com | @youngbudzdispensary | youngbudzllc@gmail.com

BLACK OPULENCE CLOTHING CO @blackopulence_clothingco

BLACK WALL STREET TEES
@blackwallstreetteessouvenirs

CONCEPT C3
conceptcthree.com | @conceptC3

HABIT BOUTIQUE habitboutiquetulsa | shavonna@habitboutique.ne

JUS 4 U DESIGNS speakoutwear.com | @jus4udesigns

LEXI'S PLUS SIZE SPOT lexisplussizespot | lexisplussizespot@gmail.com

OFF THE RACKS BOUTIQUE
offtheracksok.com | @offtheracksok | andrea@offtheracksok.com

HEALTH + BEAUTY



ENHANCINGBEAUTYTP

Hi, my name is Tiara Parker and I am a traveling professional MUA and Licensed Esthetician serving Owasso & Tulsa, OK areas! At EnhancingBeautyTP, we offer makeup & skincare services, brow wax + tints, face & body waxing, body treatments & more! Our cosmetic line "Fearless Cosmetics" will be dropping this month, starting with Liquid Velvet Matte Lipsticks, Signature Boss Glosses and lip scrubs!

www.enhancingbeautytp.com | @enhancingbeautytp



FEED YOUR GAME

FYG offers private and small group basketball training centered in holistic coaching. Our goal is to support clients to attain and sustain peak performance. All our clients from middle schoolers to professionals will learn how to feed their game, in basketball or beyond.

feedyourgamebasketball.com | @feed_yourgame



HURD FAMILY STUDIOS

Hurd Family Studios is a Dance and Production studio. We have been featured on The Ellen Show and have worked with Disney, GAP, America's Got Talent, the NBA, World of Dance and many more! We strive to teach our students and our viewers the golden rule 'Love Your Neighbor As Yourself'. All are welcome to come and join Hurd Family Studios.

tiny.cc/gomotionokc | @hurdfamilystudios | hurdfamilystudios@gmail.com



KHAOTIC BLISS

Do you have any aches in your body, spirit & your soul? Built up stress from work & life? Let the healing hands of Tizzi turn your Khaos into bliss with a euphoric healing massage. Go ahead and book today!

@khaoticbliss__ | tizzidyer4@gmail.com



THE BLUPRINT STUDIO

The Bluprint Studio is your starting point to change the path before you. It's a place where anyone can come and get a great workout and improve you overall fitness performance and transform in the process. We want you to leave feeling better than how you showed up. While we know showing up can be the hardest part, let us take care of the rest.

thebluprintstudio.com | @thebluprintstudio



MANNY'S REALITY SUPPLY

We offer a WIDE variety of products. You can also check us out on our social media pages where we post most sales, restocked items, and customer requested items.

mandvsbeautvsupplv.com

HEALTH + BEAUTY



TWISTED & LOC'D

A licensed cosmetologist with over 15 years of experience. A Natural hair salon specializing in locs, loc maintenance, repair, re-installments and much more!

@twistedlocd



NAILS BY NOFILE

Nails by Noelle is a full-service nail salon that provides services such as manicures, pedicures, acrylic nails, gel nails, facials, waxing, spa parties, private events, and more! Appointments are highly recommended however, walk-ins are welcome also!

nailsbynoelle.com | @nailsbynoelletulsa | info@nailsbynoelle.com



PNPPI'S

Poppi's is a new and unique spa in Tulsa located in the Blue Dome District downtown. We provide wellness and holistic self-care tools to people who want relief from stress, lifestyle changes or health-related distress.

tulsapoppi.com | @tulsapoppi



OUEEN KISSES

Dry, chapped lips got u down? Queen Kisses All Natural Luxury Lipcare has got u covered! The brainchild of a licensed Dental Assistant, Queen Kisses has turned her IOyrs of Dental knowledge into this amazing Lipcare brand, composed of 100% natural ingredients that are safe to use for all!

myqueenkisses.com | @q_kisses | qkisses85@gmail.com



SUN PEOPLE YOGA

Sun People Yoga is the only Black owned yoga space in Tulsa, newly opened in 2020! We offer inclusive, affordable, accessible yoga for all people. We offer beginners and advanced yoga, meditation, mobility, Smai-Tawi (Egyptian Yoga), Bollywood dance, and wellness coaching.

sunpeopleyoga.com | @sunpeopleyoga



VICKYR'S DANCE COMPANY

VickyB's Dance Company's mission is to provide the highest quality of dance education while rousing confidence, integrity, and self-assurance. We offer curriculum in Ballet, Jazz, Hip Hop, Tumbling, Pointè, and other passions of dance!

vickybs.com | @VickyB'sDance

HEALTH + BEAUTY

918 BARRER LOUNGE

@918barber | book.thecut.co/918barberlounge

AUBREY SHINE COSMETICS

aubreyshinecosmetics.com | @aubreyshinecosmetics

LUX GROOMING QUARTERS

luxga.com | @lux.ga

EEZZY FITNESS

eezzyfitness.com | @coach eezzy | eezzyfitness@gmail.com

LUXURIOUS TURQUOISE SUN

Iuxuriousturquoisesun.com | @luxurious.turquoise.sun | luxuriousturquoisesun@gmail.com

MIR ARTISTRY

mlbartistry.com | @mlbartistry

NATURELUXE BEAUTY

natureluxe.myshopify.com | Jaeblocker90@gmail.com

NUNI PRODUCTS

nuniproducts.com | @nuniproducts | nuniproducts@live.com

HURRICANE TRAINING CENTER htc918.com | htctulsa@gmail.com

TULSAFIT918
tulsafit918.com | @tulsafit918 | tulsaFit918@yahoo.com

VIVID SALON LLC
@vivid_clarece | clarecestyles@gmail.com

MENTAL + MEDICAL



MENTAL HEALTH VITALITY

Dr. Tenaye has the skills and experience to create a supportive environment where a person feels accepted and comfortable to share openly, assess underlying issues, and explore alternatives to deal with problems raised. She is welcoming to persons of all ages, abilities, classes, genders, gender expressions, races, religions, and sexual orientations and recognizes identity impacts one's experience and therapeutic needs.

mentalhealthvitality.com | tenaye@mentalhealthvitality.com



JOY CHRISTIAN COUNSELING

To bring meaning to everyday life through recognizing an individual's purpose, strengths, and uniqueness. We take both theoretical approaches and faith to encourage others towards healing, recovery, and wholeness. Our therapists walk with others confidently through difficult times in their life and help them find meaning and value in each season of life.

joychristiancounseling.com | @joychristiancounselinng

A&M HEALTHCARE CLINIC amhealthcareclinic.com | amhealthcareclinic.gmail.com

ESSENTIALMD essentialmdtulsa.com | Info@essentialmdtulsa.com

METAMORPHOSIS COUNSELING SERVICES, PLLC gethelptulsa.com | metamorphosiscs@att.net

KENYA'S WAY

kenyasway.org | @kenyaswaycounseling | kenyaturner@kenyasway.org

LUMOS CHIROPRACTIC | lumoschiropractic | info@lumoschiropractic.com | @lumoschiropractic | info@lumoschiropractic.com

XCLUSIV BODY SUIT HEALTH & HOLISTIC getsuitedxv.com | @getsuitedxv | info@getsuitedxv.com



NEXTGEN TAX SERVICES

NextGen Tax Services was founded in 2017 by Cindy McGhee and has grown to become the largest black-owned CPA firm in Oklahoma. We exist to help create and educate the NextGeneration of ultra-successful business owners. Our team of CPAs, MBAs, and tax strategists collaborate to serve small businesses and individuals with tax planning, tax preparation, tax resolution, and bookkeeping.

nextgen.tax | @nextgentax | info@nextgen.tax



ONE NINE LETTERING CO.

One Nine Lettering Co. provides calligraphy & hand-lettered signage for weddings and life alike! Whether that be the hand written touches to your wedding day, a framable quote for your office, or personalized thank you cards, we exist to create beautifully lettered products for clients in every season of life and for any occasion.

onenineletteringco.com | @onenineletteringco | onenineletteringco@gmail.com



ROSE TAX SOLUTIONS

Rose Tax Solutions is a full-service, boutique tax firm dedicated to global economic justice. We are your one-stop to getting organized for Business, Accounting, and Taxes. Our solutions include Tax Preparation, Bookkeeping, Notary Services, Personal and Business Credit Coaching; Medicare Advantage Insurance, and Business Structuring

rosetaxsolutions.com | @rosetaxsolutions | rosetaxsolutions@gmail.com





STYLISH STYLING AGENCY

Stylish is a full service visual branding agency. We infuse corporations, artists, businesses, public figures and start-ups with the best visual brand positioning for marketing and campaigning. We are the one stop shop experience. Our service ranges from campaign strategy to Commercial film/ to a full service glam team.

thestylishagency.com | @thestylishagents | thestylishagents@gmail.com



THAT'S WYSF

That's Wyse in association with Royal Tax Box wants to help you with your tax preparation needs. You have many options for filing your taxes, and we hope you consider us as your full-service provider.

thatswyse.com | @thats_wyse | thatswyse@gmail.com



THE PILLAR GROUP

The Pillar Group, LLC is a privately held, financial firm headquartered in Tulsa, Oklahoma. We provide the complete spectrum of employee and executive benefits, property and casualty risk management, wealth management. We analyze, evaluate, prescribe, support and service every aspect of protecting and growing assets, businesses and lives.

yourpillargroup.com | dhorner@yourpillargroup.com

PHOTOGRAPHY +



DREAMLAND STUDIOS

Dreamland Studios LLC can handle all your video needs whether big budget or small and independent. We specialize in documentaries, promotional videos, live recordings and live streaming, and music videos. Hit us up for any video needs.

918.853.3303 | sneakthepoet@gmail.com



HARVEY MEDIA

We are a team of experienced creatives, dedicated to be the solution to YOUR media needs. From social media management, video editing and production, photography, graphic and web design, and more.

harveymediallc.com | @harveymediallc | admin@harveymediallc.com



HIGH FREQUENCY CO PHOTOGRAPHY

Here at High Frequency, we are passionate about telling stories with pictures and creative content. We were envisioned in 2008 with the simple idea of highlighting the greatness inside of people around the world. We take pictures that tell your unique story and display the greatness inside of you.

@high_frequencyco | highfrequencyco7@gmail.com





INSPIRE VISION

Inspire Vision is a company that looks to help businesses achieve their goals by communicating their business vision to their community through creative content and marketing. We specialize in videography and digital marketing. Let's make your business' vision come to life.

 $\textbf{we in spir evision.com} \hspace{0.2cm} | \hspace{0.2cm} @ we in pir evision \hspace{0.2cm} | \hspace{0.2cm} xavier db @ we in spir evision.com$



JW PHOTOGRAPHY

I am a storyteller through the view of my camera. From wedding and senior shoots to engagements and events. I would be honored to be a part of your special day. Looking forward to telling your story.

jameswaynejr.com | @jwaynephoto | jameswaynephotography@gmail.com

LASTING IMPRESSIONS PHOTOGRAPHY liphotography.com | info@liphotography.com

TAYLOR FINLEY PRODUCTIONS taylorfinleyproductions.com | @finleytaylored | taylorfinleyproductions.ggmail.com

BOSS ENCOUNTERS
bossencounters.net | info@bossencounters.net

INTENT PRODUCTIONS
intentfilms.com | e.sanders@intentfilms.com





E-NANNY

Whether you need full-time, part-time, after school care or just the occasional date night, we are your one-stop shop for all things childcare. Our children deserve more than a sitter, they deserve an E-Nanny.

enannyok.com | erikaslade@enannyok.com



NEW TULSA STAR

The Tulsa Star's primary goal is to continue the crucial work that the original Tulsa Star began over 100 years ago: providing truth-centered, justice-oriented investigative journalism aimed at highlighting the issues and concerns to the global Black diaspora.

newtulsastar.com | @newtulsastar | newtulsastar@gmail.com



SETTLE & SETTLE CLEANING

Settle and Settle is a high quality cleaning service. With over I5+ years of experience we are a perfect match for you and your home or business. We are locally owned and specialize in move-in/move-out cleaning. Our cleaning tactics are personalized with every home or business, and we have flexible cleaning times to better suit your schedule.

settleandsettlecleaning.com

NEWS/MEDIA

BLACK WALL STREET TIMES
theblackwallsttimes.com | @thebwstimes

RELYT STUDIO relytstudio.com | @relytstudio

CONSULTING

CHARITY MARCUS (STRATEGIC) charitymarcus.com | info@charitymarcus.com

GWB FINANCIAL SOLUTIONS gwbfinancialsolutions.com | @gwb_financialsolutions

ARTS & ENTERTAINMENT

CREESEWORKS
creeseworks.com | @creeseworks

EXPRESSIONS OF EDDYE K. expressionsofeddyek.com | @eddyekaaane

WISE MOVES ACADEMY wisemovesacademy.com | @wisemovesdanceacademy

SHAQUIA VERNER
paintedvisionz.com | @paintedvisionz

HINME

LEWIS HOME & LANDSCAPE DESIGNS Indesigns.com | info@lhldesigns.com

ON THE SPOT DELIVERY myotsdelivery.com

DOC J'S HEAT AND AIR docjsheatandair.com

ORGANIZHER myorganizher.com | @organizher_llc

LASTOP (LANDSCAPING)
lastoplawnmaintenance.com | @organizher_llc

A&M WELDING AND FABRICATION info.amewelding@gmail.com

PRINTING

I AM DESIGNS (APPAREL) iam-designs.us | @_iamdesigns_

P&J PUBLISHING, INC.
pandjpublishing.com | info@pandjpublishing.com